



GROWTH GROUP SERMON CURRICULUM

A GOSPEL LIFE | April 28th, 2019 | EPHESIANS 4:25-32

*"Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another."
—Ephesians 4: 25*

FROM THE TEXT

- Read Ephesians 4:25-32. What immediately jumps out to you in this passage that has described you in the past or does describe you presently? Read the passage again as a group if needed.
- In verse 25, what is the "Therefore" there for? In other words, what is Paul referring back to in the earlier part of this chapter that is key to our passage?

FROM THE SERMON

- What stood out to you most from the sermon? How did you find yourself reacting to the message? What part of your life was the Holy Spirit using the Word of God to pinpoint?
- The sermon pointed out how anger is not a sin, but anger can lead to sin (v.26). What is the difference between righteous anger and sinful anger?

FOR YOUR LIFE | APPLICATION | ACCOUNTABILITY

- What does "do not grieve the Holy Spirit" mean (v.30)? How have you been grieving the Holy Spirit in your life recently? Is there anything in your life that is making it difficult for you to walk by the Spirit? (a stressful situation, difficult person, isolated moments of weakness, a hostile or harmful relationship)? How can the group come around you in this?
- Read our last verse again. Verse 32. How does looking to Jesus empower us to live out the commands of our passage, opposed to a moralistic response of just trying to "do better?" How can the group hold you accountable in the days ahead to look to Jesus (Being reminded of the Gospel), before looking to live for Jesus in our relationships with others?

PRAYER FOCUS

Thank God for the Gospel. In Jesus we have: Grace, forgiveness, and the Holy Spirit is daily making us new! Healing our lives, and the relationships we have with others.

Pray that we will continue to put on the "New Self" made in the image of Jesus, and put away any falsehood, sin, or "Old Self" that shows up in our lives. Pray that God would empower us with His Spirit to do this. Welcome the Holy Spirit to have His way in each individual heart in your group and that He would expose anything that is not of God in our lives. Praise God for His amazing grace and His kindness that safely leads us to repentance!